



# HOW TO COLLECT A URINE SAMPLE FROM YOUR DOG

*It's as easy as 1, 2, Pee!*

## 1. GRAB YOUR URINE CUP



Get your pet ready to go outside and grab your urine cup. We recommend wearing gloves to help keep your human paws clean during the collection process. Remove the lid from the container for easy collection. If you can, try to collect the very first urination of the day.

## 2. TAKE YOUR DOG OUTSIDE



Get out there and enjoy the beautiful day with your best friend! But be sure to be poised and ready to collect that urine sample. Keep your pet's preferred urination stance in mind as you approach their undercarriage (do they squat or do a little ballet and lift their leg?).

## 3. COLLECT THAT URINE!



Be quick and reach under your pet with the cup or a ladle/ large spoon to catch their urine mid-stream. You don't need a lot of urine, 1-2 Tablespoons. If possible, try to avoid any debris, dirt, hair, feces, etc. You'll want to keep that urine as clean as possible.

## 4. TRANSFER URINE INTO BAG



If ladle/spoon was used to collect the sample then transfer the urine into the cup. Make sure lid is on tight and place cup of urine into a ziplock bag or the bag provided to you.

## 5. DROP THAT LIQUID GOLD OFF WITH US!



**Final Step:** Bring your pet's urine sample back to us. If you can't head right to our office with that fresh sample, please be sure to put it in the refrigerator and keep it there until you can head on over. Be sure to drop it off within 24 hours of collection. Great job!



# WHY IS TESTING YOUR PET'S URINE SO IMPORTANT?



## URINE HELPS COMPLETE THE PICTURE OF HEALTH

*Your pet's urine sample tells a story! It gives your veterinarian information about how healthy your pet is and can help us catch something early before damage can occur, even if there are only minor changes in your pet's urine results.*

## WHAT DOES URINE TELL US, EXACTLY?

*Urine can tell us how your pet's kidneys and urinary tract are functioning. It can even tell us if your pet might be prone to developing diabetes or kidney disease. Have you ever worried about possible infection? The presence of bacteria and/or white blood cells can also tell us that, too! Not to mention, certain types of bladder cells can also give us clues as to potential cancers invading the upper and lower urinary system of your furry friend.*

## WHY DO WE NEED TO CHECK YOUR PET'S URINE NOW WHEN THEY'RE HEALTHY? DON'T WE REALLY ONLY NEED TO CHECK IF A PET IS SICK?

*This is a great and important question! Pets have a natural tendency to hide their symptoms if they are feeling sick. This is something ingrained in them as a defense mechanism against predators. Often times, a pet might be sick and give no indications. If we wait until symptoms occur, then treatment will often be more complicated and stressful on you and your pet. In order to safeguard your pet from possible health concerns and give them the best life possible, we recommend routine annual blood work with urine & fecal testing as a part of your pet's preventive care.*